

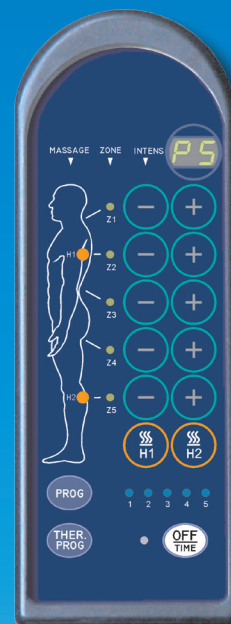


Pro Personal Therapy System Instructions for use



The Therapy system should not be used if a current thrombosis condition exists or during pregnancy.

- Duration of the Therapy** Duration of the Therapy can be selected for 15, 30, 45 or 60 minutes by pressing the on/off timer button. The new time will be shown briefly on the digital display.
- Intensity** There are in total 9 Cycloidal Therapy units arranged in 5 zoned areas. The intensity of each zone can be altered independently by using the 'zone +' or 'zone -' buttons. These can be altered at any time to personalise a programme.
- Programmes** There are 5 pre-selected programmes with blue indicator lights 1-5 that are controlled by the "Prog" button and described below.
- Therapy programmes** There are 9 Therapy programmes that are controlled by the "THER. PROG" button and are shown on the digital display. Each Therapy programme is a pre-selected combination of the 5 programmes listed below and are listed on the reverse of these instructions.
- Infrared H1 & H2** H1 controls the lumbar and neck infrared cushions, and H2 controls the foot/calf infrared cushion.
Press once and low heat is selected (slow flashing orange light)
Press again and mid heat is selected (quick flashing orange light)
Press again and full heat is selected (steady orange light)
- Program P1** Warm up program for general relaxation and to ease aching muscles.
Press the prog button once blue lamp 1 will light.
- Program P2** Deep muscle massage for reduction of muscle pain and tension.
Press the prog button twice blue lamp 2 will light.
- Program P3** Stimulates lymph flow and detoxification while promoting the breakdown of metabolic waste products.
Press the prog button 3 times blue lamp 3 will light.
- Program P4** Pulse Therapy, short successive waves stimulating the circulation and releasing muscle tension.
Press the prog button 4 times blue lamp 4 will light.
- Program P5** For deep relaxation and reduction of stress and anxiety.
Press the prog button 5 times blue lamp 5 will light.



The beneficial effects of Cycloidal Therapy are cumulative – the more often these treatments are applied the better the results and the longer the effects will last.

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